

## **The Balanced Belly Solution Disclaimer**

**Last Updated: 3-27-25**

The content provided by Kelly Hiser Inc. through The Balanced Belly Solution program, website, emails, social media, and related materials is intended for educational and informational purposes only. By accessing or participating in this program, you agree to the following:

---

### **1. Not Medical Advice**

The Balanced Belly Solution is a wellness and coaching program. While the program creator is a licensed Registered Dietitian and certified in integrative and functional nutrition, the content provided is not intended to diagnose, treat, cure, or prevent any health condition. It does not constitute medical advice, nor is it a substitute for professional medical guidance, diagnosis, or treatment.

You are encouraged to consult with your healthcare provider before making any changes to your diet, exercise, medication, supplement routine, or lifestyle habits. Participation is voluntary and undertaken at your own risk.

---

### **2. Role Clarification**

While Kelly Hiser is a licensed Registered Dietitian, within this program her role is as a wellness coach. She does not provide individualized nutrition therapy, medical diagnosis, or clinical care. Any recommendations provided are based on a coaching framework intended to support overall wellness and lifestyle change.

---

### **3. No Patient-Provider Relationship**

Engagement with Kelly Hiser Inc. through this program or associated communications does not establish a dietitian-patient or healthcare provider relationship. All coaching provided is delivered in a non-clinical, educational capacity.

---

### **4. Individual Results May Vary**

Testimonials, client stories, and success examples shared on this site or through program materials are real experiences from past clients. However, individual results are not guaranteed and may vary based on personal commitment, health history, and other individual factors.

While many clients experience relief or transformation, Kelly Hiser Inc. makes no guarantee of specific results. Every body and journey is different.

---

## **5. Assumption of Risk**

By using the information provided through The Balanced Belly Solution, you accept full responsibility for your decisions and any outcomes that result. You agree not to hold Kelly Hiser or Kelly Hiser Inc. liable for any injury, harm, or damages arising from the use or misuse of this content.

---

## **6. Limitation of Liability**

Kelly Hiser Inc. makes no representations or warranties about the completeness or accuracy of any content provided. Any reliance you place on the information is strictly at your own risk.

---

## **7. Indemnification**

By participating, you agree to indemnify and hold harmless Kelly Hiser Inc. from any claims, liabilities, or damages resulting from your use of or reliance on program content.

---

## **8. Affiliate & Product Recommendations**

Some resources shared may include affiliate links or product recommendations. We only promote products we personally use and believe in. However, it is your responsibility to evaluate any product or service and consult your healthcare provider as needed.

---

## **9. Contact**

If you have questions about this disclaimer, please contact us at:

**Kelly Hiser Inc.**

Email: [Kelly@KellyHiserInc.com](mailto:Kelly@KellyHiserInc.com)

---

By accessing this program or related content, you acknowledge and agree to this disclaimer in full.