

The Balanced Belly Solution Privacy Policy

Last Updated: 3-27-25

Kelly Hiser Inc. (“we,” “our,” or “us”) is committed to protecting your privacy. This Privacy Policy explains how we collect, use, and protect your information when you enroll in The Balanced Belly Solution or interact with our website and services.

1. Information We Collect

We may collect personal information that you voluntarily provide, including:

- Name
- Email address
- Phone number
- Billing information
- Health-related details shared via forms or assessments

We may also collect non-personal data such as browser type, pages visited, or usage patterns through cookies and analytics tools.

2. How We Use Your Information

We use your information to:

- Process payments and deliver program access
 - Send confirmation emails, program updates, and appointment reminders
 - Personalize your experience and track your progress
 - Provide customer support
 - Comply with legal obligations
-

3. How We Share Your Information

We do **not** sell your personal information. We may share your data only with trusted third parties who help operate our business, such as:

- Payment processors (e.g., Stripe)
- Course hosting platforms
- Email service providers
- Calendar/scheduling tools

These providers are contractually obligated to keep your data secure and confidential.

4. Communication Preferences

By providing your email address and/or phone number, you consent to receive transactional and promotional communications related to our services. Message and data rates may apply. You may unsubscribe or opt-out at any time by following the links provided in each message or by contacting us directly.

5. Affiliate Disclosure

Some pages, emails, or program materials may contain affiliate links, which means we may earn a small commission if you make a purchase through those links. This comes at no additional cost to you. We only recommend products we genuinely believe in and have vetted as relevant to your wellness journey.

6. Data Security

We take reasonable steps to protect your information from unauthorized access, misuse, or disclosure. However, no method of internet transmission is 100% secure, and we cannot guarantee absolute security.

7. Your Rights

You may:

- Request access to your personal data
- Update or correct your information
- Withdraw consent for communications
- Request deletion of your data (where legally permitted)

To exercise your rights, contact us at Kelly@KellyHiserInc.com.

8. Third-Party Links

Our program or website may contain links to third-party websites or products. We are not responsible for the privacy practices or content of those sites. Please review their privacy policies separately.

9. Children's Privacy

Our services are intended for individuals 18 years or older. We do not knowingly collect personal data from children.

10. Updates to This Policy

We may update this Privacy Policy at any time. If significant changes occur, we will notify you via email or on our website.

11. Contact Us

If you have any questions or concerns about this Privacy Policy, contact us at:

Kelly Hiser Inc.

Email: Kelly@KellyHiserInc.com

Thank you for trusting us with your personal information. We value your privacy and are committed to protecting it.